

VTM NSS COLLEGE, Dhanuvachapuram, Thiruvananthapuram Pin: 695 503 Affiliated to the University of Kerala Re-accredited by NAAC at 2.71 with B+ Grade Mail id – vtmnsscollege@yahoo.in, principalvtmnsscollege@gmail.com

BEST PRACTICES

VTM NSS College, Dhanuvachapuram, VTMNSS College is a vanguard institution established by Nair Service Society in 1964 to provide congenial ambience for academic pursuits to the students from the remote areas of Southern Kerala. The institution has a glorious past and its cultural heritage ennobles and enlivens our day-to-day life. It is a memoir of a bygone age which acknowledged an ardent group of students and faculty members, who like those at present questioned outdated theories, evaluated current issues and envisaged a bright future. History doesn't anchor here, but it leads us towards a goal visualised by a strong and committed legend, Bharatha Kesari Padmabhushan Mannathu Padmanabhan who pursued a noble endeavour to democratise the horizons of education during turbulent times. Without his twin qualities of genius and philanthropy all those achievements made hitherto would not have been possible. He still inspires the college's dedicated learning community, in furthering exploration, discovery and creativity. Located in a lush green environment, the campus covers an area of 20 Acres on a hillock at Dhanuvachapuram, a place of historical significance enroute Kanyakumari on the southernmost part of Kerala.

With the aim of providing holistic education to the learners, the institution caters to equip them with life skills endowed with an ardent fervour to excel in life and to foster a strong sense of commitment towards society and nation at large. The institution has time and again provided its students various platforms to explore their abilities and skills and craftmanship through various skill enhancement programmes. These programmes/activities included various skill-based training workshops that included book binding, soap making from natural ingredients, yoga – health and fitness (also conducted as an add-on course), scrap making, organic farming, jewellry making, etc.

I. BEST PRACTICE - "NAIPUNYA - ONE STUDENT ONE SKILL"

1. Title of the Practice: *Naipunya* is a Sanskrit word – which means skills - VTM NSS College, Dhanuvachapuram has adopted the Best Practice "*Naipunya* – One Student-One Skill" in order to equip the learners with a life skill other than their university prescribed curriculum.

2. Objectives of the Practice:

i) To uphold the mission and vision of the institution - Being a centre of higher learning, the institution aims to create and impart creative, critical, inclusive, socially sensitive and regionally viable knowledge for the holistic development of the students

ii) To aid the students to discover their aptitude and skill apart from their programme of study

iii) To inculcate life skills and enable them to be industry ready

iv) To equip our student community with a strong sense of responsibility and commitment in one's own life and towards others as well.

vi) To promote entrepreneurial ability among the learners and to provide them the confidence to face the practical world at large.

vii) To indoctrinate the qualities and ethics of team work, leadership and self-esteem.

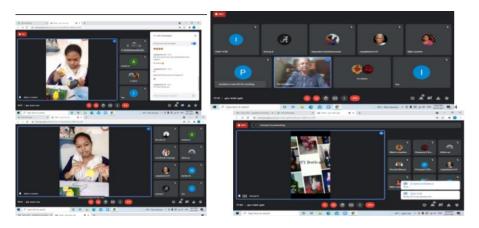
3. The Context: As an institution with a rural background and with limited resources to function, the college strives to provide and cater to the well-being of not only the learners but to the society in general. The first-generation learners in this institution struggles to come out and interact with the society at large due to lack of exposure in various social dimensions. Individuals with higher educational qualifications are intended to be part of social construction, irrespective of their specialisation. In a highly competitive world, the learners are required to fight fiercely to mark a niche for themselves and the changing world scenario is such that the skill of a person earns them a gateway to success. With this novel thought, our institution revamped the skill enhancement programmes and relaunched the programme "*Naipunya* – One Student – One Skill" as a pathway for the students to realise their potential and accomplish their dreams.

4. The Practice: Higher education envisions holistic development of learners within which the augmentation of the capabilities of the learners becomes pertinent. Mere acquisition of knowledge is insufficient to attain the core values of higher education. Our institution tries to enlighten the minds of the learners through activities beyond the curriculum. In this context we

attempt to equip the learner to realise their own potential and to make them industry ready. AAs such, experts from various fields like entrepreneurs, faculty members from our institution, trainers, dietitians, farmers, specialists, etc. were invited as resource persons and interested learners were given hands on training. Our mission is to ensure productive engagement of our institution in the community. This in large is aimed to inculcate value education through experiential learning. The programme has the following components:

- Ensure that each student acquires at least one skill that will prepare them to be industry ready or future entrepreneurs. The resources for this assistance will be provided by the college community and the training is completely free of cost.
- > Promoting small scale industry and home-based entrepreneurships.
- Playing the role of mediator/consultant by bridging the institution with various Govt./ Nongovernment agencies NGOs as form of collaboration, with the purpose of introducing the students to the industry.
- Enabling the learners to become self-dependent and to develop a sense of leadership, self-respect to oneself and commitment to their family and society at large.
- The workshops/training programmes are organized as per the convenience of the resource persons and the learners (equally) without disrupting their learning hours.
- After the successful completion of the workshops/training programmes, the participants are given workshops/training programme completion certificates.
- Under the aegis of IQAC, various departments, committees, clubs and cells coordinate these workshops in association with other external agencies or personnels.

5. Evidence of Success: The IQAC of VTM NSS College decided to organize "NAIPUNYA 2021" skill development workshop series. The decision was taken in the IQAC meeting held on 12/07/2021. It was decided such that IQAC will work in tandem with other Departments, Clubs and Committees to organize workshops every month starting from 15/07/2021 as part of World Youth Skill Day. The theme of the programme is "Skills for a resilient youth". The workshop series intends to give our learners an opportunity to learn a skill and develop it into a passion or an entrepreneurship. The first programme is by IQAC in association with Department of Physics. The first workshop series is titled as "Do It Yourself (DIY): Art and Creativity". The aim of the workshop is given training in bottle art, making dream capture etc. Reshma R.V. Alumni of Department of Physics was selected as resource person. She is an expert in this field. She is an entrepreneur. She also has you tube channel to display her creativity "Malus' creations". The workshop series DIY : Art and Creativity was started by an inauguration function held on 15 th July 2021 at 06 00 pm on google meet platform.



"Umbrella Making" - In the meeting held by the ED Club on 15/11/2021 it was decided that a Two-Day skill development training programme on "Umbrella Making" would be conducted in association with Naipunya- 2021 and IQAC, for the students of the college on 3rd and 4th December, 2021, at 10.00 am. Dr Manjula K G, Assistant Professor, P G Department of Commerce coordinated the programme. Ms. Tincy Raj B T was the resource person of the training programme. Students from various departments could attend the programme and were trained in umbrella making. Various groups of Students were formed to be trained. Students could sell out the umbrellas they made through this programme, to the staff members and to the other students of this college for a reasonable price. The trainer took an attractive class on this training programme and informed regarding the availability of raw materials for making umbrellas.



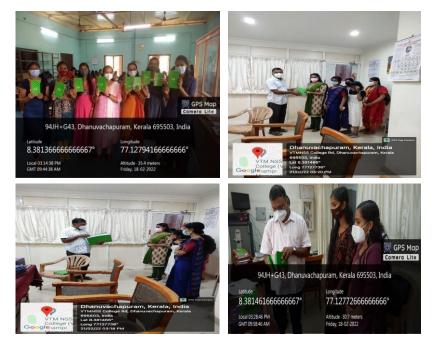


"E-Brochure Designing & e-Certificate generation" - In the ED Club meeting with Debate club members, held on 06/01/2022 it was decided that an online class on "e-Brochure Designing & e-Certificate generation" would be conducted, in association with Naipunya 2021 and IQAC, for the students of the college on 21st, 22nd and 23rd January 2022, Friday, Saturday and Sunday respectively at 7.00 pm. Dr Gopika G G, Assistant Professor, P G Department of Commerce coordinated the programme. Dr. Sreeja V. (Assistant professor, P G Department of Chemistry, TKMM College, Nangiyarkulangara) was the resource person of this three days' workshop. It was a hands-on programme and the students were asked to prepare brochure and generate e-certificate along with the resource person while the demonstration was going on.

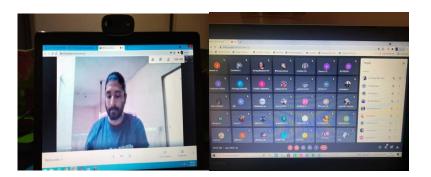


'Book Binding & Note Book Making' - In the ED Club meeting, held on 01/02/2022 it was decided that Two-Day skill development training programme on **"Book Binding and Book making**" would

be conducted jointly by ED Club and Central Library of the college in association with **Naipunya 2022** and IQAC, for the students of the college on 18th and 19th February 2022 from 10.00am onwards, each day. Dr Hari K, Assistant Professor, P G Department of Commerce co-ordinated the programme. Ms. Tincy Raj B T was the resource person of this three days training programme. The 2nd day of the training programme was postponed from 19th to 21st February, 2022 due to some technical reasons. The programme was conducted at the Central Library of the college. Students from various departments could attend the programme and were trained in book binding and book making. The damaged books of the library were used for giving training to the students in book binding and book making. College Librarian Dr Sreeragi R G co-operated and assisted the students in selecting the damaged books for binding. Various groups of Students were formed to be trained. The trainer took an attractive class on this training programme and informed regarding the availability of raw materials for book binding & book making.



Add On Course Yoga, Mental Health and Physical Fitness as part of Naipunya – conducted by the Department of Physical Education from 06/07/2021 to 24/09/2021 for the students of our college on an Offline and Online Mode. Forty students enrolled the course and successfully completed the course.





Also organized various coaching camps to equip students with various sports skills -



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COACHING CAMPS



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Sci-Hub is the Science Exhibition organised in commemoration of World Web Day by the Department of Physics, VTM NSS College in association with IQAC of the college. World Web Day is significant as it serves as a reminder of the immense impact that the internet and the World Wide Web have had on society, while also recognizing the need to address issues such as digital inclusion and privacy concerns. All the exhibits were arranged by students of the Physics Department and were open to Higher Secondary Students of nearby colleges.



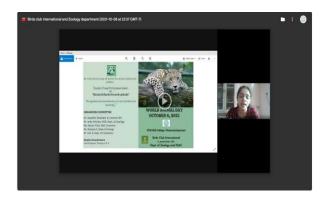


Baking Tutorials for Cakes and Cookies - The department has organized a 7hour long skill development programme in Cake Baking and the official inauguration was held on 13th February 2022 via google meet. The baking process, which is nowadays very trendy and but difficult to be perfectionalised. The sessions handled by Ms. Shalu were very interesting to the participants. The doubts were cleared through the whatsapp group formed at the time of registration.

9. Skill Development Programme- Cake Baking



Power Point Presentation Techniques: Hands on training to students PPT preparation- PPT preparation in PC and mobile - PPT preparation by students on a given topic. Students of VTM NSS college have a very limited access to computer systems as they come from a rural background and most of them are financially backward also. The students of Final Year B.Sc. Zoology were chosen for training in PPT presentation skills which has now become essential skill for further studies as well as career. Faculties of the department and a few students who were well versed in the skill provided hand on training to students using computer as well as mobile. Since 4 th of October is celebrated as World Animal Day, after training was completed the students were given task to prepare presentations on the same. These PPTs were used to enhance the presentation skills of the students as well as to spread awareness among students regarding the biodiversity of animals and its conservation.



Nayipunya 2021- Skill Development Program - Aquarium Making - Train Students in making small aquarium with ornamental fishes A Skill Development Program was organized for students of Department of Zoology. It mainly aimed in training students in making small aquaria with ornamental fishes. Few materials needed for aquarium making was already available in the laboratory. Rest of the aquarium and keeping Zebra Fish, since it's a sturdy fish and easy to handle.













Nayipunya 2021- Skill Development Program - Billfold and Origami Priming - A Skill Development Program was organized for students of Department of Zoology. It mainly aimed in two preparations - Billfold making and Origami. Students registered for the program were informed two days ahead about materials to be brought. Materials prepared by students were kept on display and distributed also. Few origami materials were used to decorate their classrooms.



Naipunya - Podcast Making- Hands on training to students in Podcast making

- Podcast preparation by students on a given topic - Students of VTM NSS college have a very limited access to computer systems as they come from a rural background and most of them are financially backward also. The students of second Year B.Sc. Zoology were chosen for training in Podcast preparation skills which has now become essential skill for further studies as well as career. Faculties

of the department and a few students who were well versed in the skill provided hand on training to students using computer as well as mobile. After training was completed, the students were given task to prepare presentations on the topic of science. Link to the podcast:

https://anchor.fm/gayathri-elayidam/episodes/Impact-of-climate-change-in-bird-migration-eldqkqh

Naipunya - e-book Compilation - Students of VTM NSS college have a very limited access to computer systems as they come from a rural background and most of them are financially backward also. The students of second Year B.Sc. Zoology were chosen for training in e-book preparation skills which can be useful for them in further studies as well as career. Faculties of the department and a few students who were well versed in the skill provided hand on training to students using computer as well as mobile. After training was completed the students were given task to prepare presentations on the topic of Science. Link to the e-book:

https://online.fliphtml5.com/bsdev/rbch/

Naipunya - Skill Development Programme – Terracotta Making

The PG Department of English in association with IQAC and Naipunya 2021 organised a skill development training programme on Terracotta making for the UG students of the department. The training session was scheduled to be on 22 nd and 23 rd March. 50 students responded to the registration and 35 students participated actively in the event. Dr. V.M. Anandakumar, Principal, VTM NSS College inaugurated the event. He talked about the importance of acquiring a skill and marketing it in the present changing scenario. He also mentioned about how one can earn happiness and money by selling one's creative wisdom. A talented artist and vocational trainer Ms.Tincy Raj handled the sessions .The event gave students hands-on experience on ornament and terracotta making.



Skill Development Programme in Soap making for teachers and students

The Department of Chemistry in association with Naipunya 2021, (a Skill Development Programme, launched in the month of August 2021 as part of World Youth Skill Day) by IQAC, VTM NSS College, Dhanuvachapuram, organised an Additonal Skill Development Programme in Soap Making for our faculty members and students on 9 th December 2021, at Seminar Hall to enjoy the perks of an environment friendly, cost-effective and healthy skin. Around 100 participants participated in this offline programme.



Skill Development Training Programmeme on Handicrafts & Jewellery Making (Naipunya 2022) – This programme is aimed to achieve self- sufficiency by enriching various talents and skills. Each and every human being has certain inalienable talents and resources. But majority of them cannot reach to their platform of finding their opportunities it was in this circumstances skill development programme can play good role to enable the youth take up proper training to secure a better livelihood. This programme helped to disclose the hidden efficiency and their artistic skills to the public sphere. It was a manual training for handicrafts and jewellery making. It was conducted through offline live classes. It was a learning by doing method which was used to equip the trainees with the help of manual ways. It was an on-job training in which the students were able to acquire and master new skills without even leaving the work place.

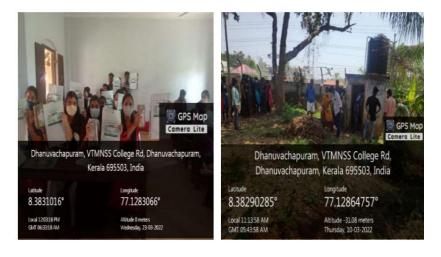








Skill Development Programme on Organic Farming - The PG Department of Economics conducted the skill development programme on Organic farming as part of Naipunya, an initiative by the IQAC of our college. The inaugural session was held at the Department of Economics on 23rd February 2022. The programme aimed to convey the importance of agriculture in attaining sustainable development of an economy. It also tried to cultivate the skill of organic farming among our students. The primary target groups of the programme were our final year degree and postgraduate students. The offline mode classes were arranged for seven days, including theory and practical sessions. The students got an understanding of the relevance of organic farming, various steps in organic farming, soil preparation, manure making and management of crops.



A Three Day Craft Awareness Programme was conducted by the Department of History in association with Naipunya from 15.12.21 to 17.12.21.On the first day the Workshop started with an inaugural session.Smt.Veena.S, Handicrafts Promotion Officer, DC Handicrafts, Trivandrum delivered the welcome address. Sri.Dhanoor C.V, Assistant Director DC Handicrafts, Trivandrum offered the Presidential address.



A one day workshop on Epigraphy was conducted by PG Department of History in collaboration with IQAC on 11th March 2022 at 10.00 am in the college seminar hall. Resource person Sri. Krishna Kumar.P, Project Assistant on Manuscripts, Government of India explained the importance of manuscripts in the inaugural session.







6. Problems encountered and resources required: During the conduct of theses skill-based programmes, we encountered many difficulties and one of the major constraints was acquiring fund for the conduct of programmes as the learners were given this free of cost. The only source of income for the college is through PTA fund which is used for all the academic, administrative and miscellaneous expenses. However, the faculty members utilised the finances diligently and the available fund from the PTA. Most of our esteemed resource persons were industrious and whole heartedly devoted themselves to teach and equip our learners with respective skills. Another constraint was that of time as organizing such sessions without disrupting the hours for teaching-learning, however, we were able to manage them efficaciously. A major hurdle was the pandemic situation that rendered us helpless, as initially learners were apprehensive of learning a skill in a close-knit space, however, the classes were conducted by following all the Covid 19 protocols.



II. BEST PRACTICES - "PRAGATHI - Holistic Progress of Self and the Society"

1. Title of the Practice: *PRAGATHI* – Holistic Progress of the Self and the Society is a Sanskrit word – which means progress and development- VTM NSS College, Dhanuvachapuram has adopted the Best Practice in order to ensure the holistic growth of the learners through academic, co-curricular and extra-curricular practices including social outreach programmes.

2. Objectives of the Practice:

i) To uphold the mission and vision of the institution - Being a centre of higher learning, the institution aims to create and impart creative, critical, inclusive, socially sensitive and regionally viable knowledge for the holistic development of the students

ii) To instill a sense of social and humanitarian responsibility amongst the learner to aid the underprivileged and the marginalised group of people (both young and old) in kind.

iii) To inculcate a sense of ethics and compassion among our learners towards fellow beings in distress and misery.

iv) To equip our student community with a strong sense of responsibility and commitment in one's own life and towards others as well.

v) To engender the value of community service among our learners.

vi) To indoctrinate the qualities and ethics of team work, leadership and self-esteem.

vii) To instill and promote a basic understanding of the humanitarian values and universal rights of every citizen.

3. The Context: As an institution with a rural background and with limited resources to function, the college strives to provide and cater to the well-being of not only the learners but also to the society in general. The first-generation learners in this institution struggles to come out and interact with the society at large due to lack of exposure in various social dimensions. Individuals with higher educational qualifications are intended to be part of social construction, irrespective of their specialisation. In a highly competitive world, the learners are required to fight fiercely to mark a niche for themselves and the changing world scenario is such that the skill of a person earns them a gateway to success. With this novel thought, our institution revamped the skill enhancement programmes and relaunched the programme "*PRAGATHI* – Holistic Progress of the Self and the Society". Educated individuals who are holistically trained to address the issues of society add to the wealth of nation. Our institution envisages to mould

the young fresh minds towards proactive social activism. Our mission is to help the students to address the needs of the local community, crossing cultural barrier, in a harmonious manner. By realising the needs of the marginalised and less privileged sections of the community, with special needs, we envisage to cross the socio-cultural and economic barriers. The community to which we extend our services is unique, which needs wholehearted and sincere humanitarian efforts from various stakeholders of the college community. Here we aim to address individual differences in various dimensions such as physical, intellectual and social, to ensure social inclusiveness with empathy.

4. The Practice: Higher education envisions holistic development of learners within which the augmentation of the capabilities of the learners becomes pertinent. Mere acquisition of knowledge is insufficient to attain the core values of higher education. Our institution tries to enlighten the minds of the learners through activities beyond the curriculum. The core aspects of this practice are sensitizing the college community towards the challenges faced by the community, society, ecosystem, natural habitat and even the slowly receding local customs and traditions - devising inclusive strategies to meet the requirements and implementing the strategies appropriately with a deep sense of empathy. In this context we attempt to reach out to a section of the society which demands exclusive attention and humanitarian concern from the society. Our mission is to ensure productive engagement of our institution in the community. This in large is aimed to inculcate value education through experiential learning. The programme has the following components:

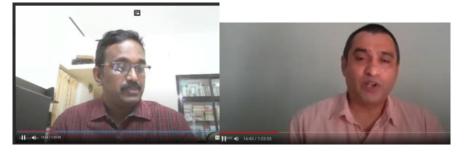
- Ensure that each student acquires/learns an aspect relating to a comprehensive understanding of the community and nature. The resources for this assistance will be provided by the college community and the training is completely free of cost.
- Promoting learning through exhibitions and rallies, talks, interactions with emonient personalities, etc
- Playing the role of mediator/consultant by bridging the institution with various Govt./ Nongovernment agencies NGOs as form of collaboration, with the purpose of introducing the students to the industry.
- Enabling the learners to become self-dependent and to develop a sense of leadership, self-respect to oneself and commitment to their family and society at large.
- Engaging the learner with the society through social outreach programmes devised by the various clubs, committees and cells.
- The learners are appreciated through their active involvement in the conduct of the events, documentary releases, etc and are given participation certificates

Under the aegis of IQAC, various departments, committees, clubs and cells coordinate these activities and programmes in association with other external agencies or personnels.

5. Evidence of Success:

La Fierte 2021 – Gender Equity programme to sensitise gender inequality and discrimination in the society – conducted a 6 day programme from 22.06.2021 to 26.06.2021 – organized by IQAC in association with Women Cell, Gender Justice Forum and NSS. The resource persons were Ms Sheethal Syam (transgender activist), Ms Nadira Mehrin, Adv jayakrishnan and the valedictory session by Dr Kishore Ram







SCIENCE CLUB – Poster making competition to inculcate the awareness of paper bags prior to plastic bags. It encourages our students to promote the usage of paper bags to safeguard Earth. To appreciate Scientific knowledge and to impart basic interest in Science.



World Ozone Day Quiz Competitions

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Extension Programme - Fun with Science: Baby steps to Giant leaps













In the wake of Covid-19 spread, the Health Club and Community Health Activity Club conducted a webinar on the topic "Fight the Pandemic": What can we do to prevent the spread of Covid-19 on 25 th July 2021 at 11 AM. The webinar was organized in collaboration with Internal Quality Assurance Cell (IQAC) and Kulakudiyoorkonam Residence Association (KRA).



"British rule for 190 years and present India" In the meeting held on 9/8/2021 it was decided to conduct an elocution competition as online mode on 15th August 2021, as the part of Independence day celebration of Debate Club of VTM NSS College, Dhanuvachapuram. Topic of the competition was "British rule for 190 years and present India". Contestants were asked to upload their videos as unlisted through YouTube.

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2_{nd} prize winner (Harikrishnan S S , P G Depa conducted by the Debate Club on 15th August, re



3rd prize winner (Adarsh, Department of Botany) of elocution competition, conducted by theDebate Club on 15th August, receives prize from the Principal

HUMAN RIGHT FORUM - POSTER MAKING COMPLETION

A competition for poster making was organised for the students as part of international day against child labour on June 12, 2021. Shri. Jayalekshmy of final year English, Shri. Gracemol Daniel of Political Science and Shri. Nandana J secured first three positions. HIROSHIMA NAGASAKI DAY REMEMBRANCE, August 6-9, 2021. The Department of Political Science along with IQAC of VTM NSS College and Human Rights Forum, Peoples Planning Forum organised a programme remembering Hiroshima & amp; Nagasaki Day.

One day Webinar on International Day of Democracy organised by the Department of Political Science & IQAC in association with Human Rights Forum, Parliamentary Literacy Club, Peoples Planning Forum on 15th of September.

As part of **World Music Day celebrations, Media Club, Performing Arts and Folklore club in association with IQAC organized a folk song competition** for the UG and the PG students of our college. Participants were asked to send their 10mins video of performance without any background music on or before June 21 st 2021. From the entries received, Sarvesh Salesh of the Dept. Of Political Science and Anjana Anil of the Dept. Of English were awarded first and second positions respectively.



On 17, July 2021 a poster making competition was held as part of Desertification and Drought day with the aim of creating awareness among students about the need to fight climate change that

causes such drastic environmental conditions like drought. Topic given for the competition was revive land and regrow hope". Students from various departments participated.

A nature writing competition named "Your favourite escape" was arranged for students in association with Literary Club and IQAC. Students were asked to send entries about their own travel writings. Pranav D.P. (Dept. of Physics), Sneha S.A. and Archa S.R (Dept. of Chemistry) won first, second and third prize respectively.

On 28, July 2021 as part of celebrating nature conservation day Nature club arranged two programmes. The first one was in association with The Media Club which was the **release of the newsletter "O-Live"** to spread the message of sustainable coexistence. Students of both clubs were asked to spot plants that are there in their immediate backyards. As the pandemic restricted our movement, students were given a chance to understand the immensity of nature that lies at their own space.



Photo exhibition on protect our surroundings - One of the activities given to students through google classroom was to upload photos of measures taken in their own home to protect nature. They have actively participated and uploaded photos of water conservation and waste management in their houses.



7-Day Environment Consciousness Campaign-HARITHAVEEDHI - On June 1 st , The Environmental Activities Club , Biodiversity Club and IQAC planned to conduct an environment consciousness campaign associated with The World Environment Day 2021. We planned to have a 7-Day campaign on the theme : Ecosystem Restoration. We titled the programme "HARITHA VEEDHI".



World Nature Conservation Day and International Tiger's Day Celebration - Nature Club, Biodiversity Club and Environmental Activity Club associated with IQAC to arrange various competitions like Nature Poetry Recitation, Nature quiz and Essay writing for students as part of world nature conservation day and global Tiger Day (July 29).

World River's Day -Society awareness campaign - Documentary publishing



Media Workshop: Writing for the Print Media - An Off-line media workshop on Writing for the Print Media, in association with the PG Department of English and IQAC was conducted by the Media Club on 18 th March 2021 at Room no. 119. The session was inaugurated by Dr. V.M.Anandakumar, Principal, VTM NSS College, who reminded the students the need to develop a critical attitude towards the artistic world around us.



Due to the pandemic the college had to conduct the Distinguished Alumni Lecture via the

Google Meet Platform.



PG and Research Department of English, VTM NSS College, Dhanuvachapuram organized a **One Day National Webinar titled "English Blues"** on 19 August 2020 to lend a platform to deliberate upon the precepts and practice of critical theory and to foreground a systematic explanation of practices in a broader framework.

Final year students of B.Sc. Zoology are supposed to have a field visit to an institute or an ecologically important habitat. **The students visited Ooty and Munnar in this academic year.** The study tour was from 24th to 27th March 2022. 32 students along with faculty members went for the tour. Few girl students, who had problems in traveling long distance, **visited Trivandrum Zoo and CMFRI**.



Vayana Dinam celebrated the enthusiasm of students in reading.



World Nutrition Week on 15/09/2021 - Contemporary Nutrition and General Dietary Guidelines



Ozone Day – **Awareness Program on** 16/09/2021 - The International Day for the Preservation of the Ozone Layer also known as The World Ozone Day is celebrated every year across the globe on 16th of September.



World animal day - celebrated on October 4th every year to remind the rights of animals besides their welfare. This year the day was celebrated by Birds club international in association with IQAC and department of Zoology by conducting a student PowerPoint presentation "Human behavior towards animals" on October 8th 2021. The program had conducted at11.am October 9th Saturday on Google meet.

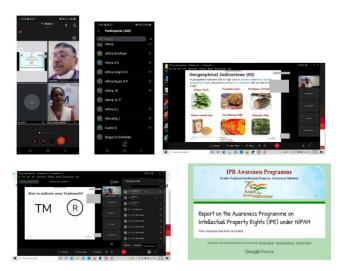


World Soil Day – **5**th December **2021**, World Soil Day was celebrated by the association of Birds Club International and the Dept. of Zoology together. Its campaign "Halt soil salinization, boost soil

productivity" aims to raise awareness of the importance of maintaining healthy ecosystems and human well-being by addressing the growing challenges in soil management, fighting soil salinization, increasing soil awareness and encouraging societies to improve soil health.

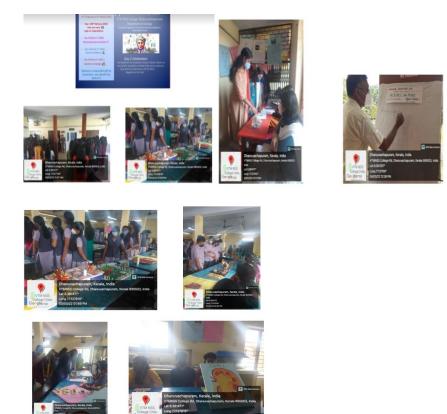


One Day Online IPR Awareness Program Webex Platform - Being a part of Azad ka Amrit Mahatsav, the program was jointly organized by National Intellectual Property Awareness Mission NIPAM, DPIIT . Govt of India, Patent office Chennai and KSCSTE –IPRICK the nodal agency in Kerala.



National Science Day Celebration – 2022 from 8/02/2022 to 03/03/2022 A four days program was organized to celebrate National Science Day. Day 1: Students of Dept of Zoology released a podcast title "Logic vs Superstitions". It was aimed towards explaining scientific and logical explanations to various superstitions prevailing in India. Day 2: A competition on Book Review Writing was held was held among college students Day 3: A Regional Level Science Exhibition was organized as an

Extension Activity. Students from our college as well as other colleges and schools participated Day 4 : Signature Campaign on " Science for Peace" was organized



Distinguished Alumni Lecture (DAL) on 05/03/2022 Time: 03.30 PM to 4.30 PM - Invited Alumina : Dr. Volga S S, Assistant Professor, Department of Zoology, Government College for Women, Trivandrum -**m**A talk was organized in the auspicious Zoology Association with an aim to honor Alumina of the college with distinguished achievements and for the interaction of the students with the



alumina.

Pedestal Seminar on 11/03/2022 Time: 10.30 AM to 12.30 PM - Dr. Asha Devi, Assistant Professor, Department of Zoology, HHMSPB NSS College for Women A talk was organized in the auspicious Zoology Association with an aim to create awareness among students regarding the prospects of higher education and job opportunities in Zoology.



World Sparrow day was celebrated on March 20th 2022. This year the day was celebrated by the collaboration of Birds club international, department of Zoology and IQAC.

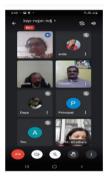


The National Lecture Series 1 - organized by the PG Department of English at our esteemed institution VTM NSS College on 14 September 2021. The seminar was inaugurated at 11.30 am which was followed by the keynote session by Chief guest Prof Nandini Sahu. She is the former director of the School of Foreign Languages and Professor of English at IGNOU.She gave a magnificent speech on the topic "Folklore research and Pedagogy".



The National Lecture Series 2 - The lecture series 2 was conducted by the PG Department of English on 13 October 2021 at 11:30 am. The chief guest was (Dr.) Jameela Begum A. who is the chairperson of the Curriculum Committee on Communication Skills in English. Formerly she retired from the Institute of English as the Head and Dean of English, Dean faculty of Arts and Director of the UGC Area Study Centre for Canadian Studies, University of Kerala.

The PG Department of English together with the Malayalam Department of VTM NSS College, Dhanuvachapuram, hosted one of the most vibrant literary festivals ever, **The Bilingual Literary Fest** from 23-09-2021 to 28-09-2021. It witnessed the coming together of various literary icons from different parts of India as well as from outside the country. The five day fest was inaugurated by Dr K P Mohanan (Secretary, Kerala Sahitya Academy) and Chayam Dharmarajan (Poet, Associate Professor, Govt College, Nedumangad).



Pedestal Lecture

The Annual Pedestal Lecture for the academic year 2021-22 was conducted in the G Meet platform on 25.02.2022, Friday. Dr.Appu Jacob John, Assistant Professor, institute of English, University of Kerala conversed with the students and enlightened them on the topic 'An Introduction to Post Modernism'. Dr. Y M Anandakumar, Principal, YTM NSS College presided over the event and Dr.Sigma G. R., Head of the PG Department of English welcomed the gathering. Gopika Nair, the guest faculty introduced the guest to the audience.

In his elaborate and highly organized lecture Dr.Appu Jacob John converted the complex idea for that day's discussion to easily comprehensible fragments. The rejection of grand narratives in post modernism was clearly conveyed through vibrant examples of everyday life. He also talked



The Postgraduate Department of English, in association with IQAC, VTM NSS College, Dhanuvachapuram celebrated **World Poetry Day on 21st March, 2022 with a Podcast**. The Podcast was presented by the Semester II students of MA English programme (2021-23 batch) and was released by Dr V M Anandakumar, Principal, VTM NSS College, Dhanuvachapuram. Youtube Link for the podcast: <u>https://youtu.be/pqhzukFR7jI</u>

As part of commemorating World Poetry Day and the 148 th birth anniversary of the legendary American poet Robert Frost on 26 th March 2022, the first year UG students of the department gave life to a manuscript magazine, an anthology of original poems written by the young talents of the department. The work was titled 'The Poetry Cabin' and was released by Dr. V.M. Anandakumar, Principal, VTM NSS College, Dhanuvachapuram.



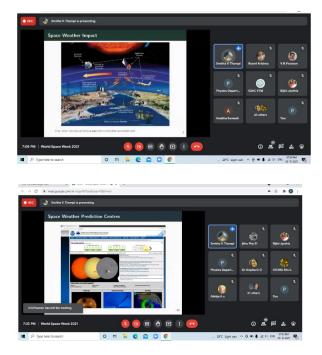
The Department of Physics, VTM NSS College, Dhanuvachapuram conducted a **Two Day National** Webinar "Inventio 2021: Aerosol Optical Properties Impacting Climate: Methods and



World Space Week 2021 is "Women in Space". The Department of Physics Department in association with IQAC organized world space week celebrations online.

10.06.2021.

and



Webinar organized by Research Committee in association with IQAC and Departments of Physics and

Chemistry "How to Create a Successful Career in Research" on 27 - 11 - 2021



WORLD OZONE DAY 2021 Social Awareness Programme for Higher Secondary Students Extension Programme - Organized by Department of Physics, In-association with Science Club and IQAC, VTMNSS College 0n 16-09-2021.



Students presentations were the highlights of the webinar

INTERNATIONAL WEBINAR ON SUPERCAPACITORS organized by Department of Physics, In-association with Science Club and IQAC, VTMNSS College on 16-09-2021.

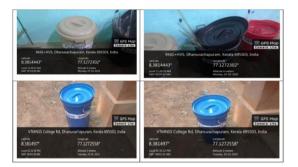




Presentation Series – The Physicist - conducted by Department of Physics in association with IQAC from 11-12-22 to 18-01-22 for the first year B. Sc Physics 2021 - 24 batch



Go Green Campaign - Department of Chemistry has started a green initiative in the name Go Green campaign from the academic year 2019-2020. It primarily aims at making the students aware about the need for keeping our environment clean and also to make effective steps in the scientific disposal of waste materials.





Students project at College of Agriculture, Vellayani

As part of BSc project, 10 students of our department visited College of Agriculture, Vellayani and completed two project works. All the laboratory characterization was done in Soil Chemistry Department of the College from 1 st to 15th January 2022 .They worked under the guidance of Dr.Rani, HoD of Soil Chemistry Department and Dr.Aparna ,Associate Professor of Soil Chemistry Department. Statistical assistance of the project was provided by Dr.Pratheesh P Gopinath, Assistant Professor in Agricultural Statistics Department of the college. Dr.Suprabha from our college coordinated and completed the project work. Title of the project is "Analysis of soil samples for its Phisico-Chemical parameters from Perumkadavila and Parassala block, Trivandrum".



Study tour for final year students as part of syllabus, final year students visited Mysore silks and sandals in this academic year. The study tour was from 21st to 23rd March 2022 and journey started from college campus.

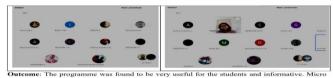


1. World environment day

As part of world environment day, we have conducted an online programme



The programme was inaugurated on 5th June 2021 at 5 pm by the Principal Dr. V M Anandakumar. Dr Resmi Raghunandan (Assistant Professor, Dept of chemistry, M G College, Thiruvananthapuram) delivered the invited talk on "**Restoring our Ecosystem**, Challenges and **Oppertunities**". Also played the video screening of *restore our green earth*, as part of *plant a tree campaign* by the department. The online programme was attended by 94 participants and the programme was coordinated by Sreeja T G. Dr. Suprabha S expressed the vote of thanks.



plastics and its bad effects was discussed. The students Abhirami Asok, Sreedevi L K and many other students interacted with resource person. Dr. Resmi Raghunandan highlighted that *the* promise of restoration of our ecosystem lies within us.

As part of the celebrations of **reading day 2021**, we have organized an online programme for students to introduce their books of interest under the name *Pusthaka Parichayam*. The online session conducted on 27/06/2021 started with introductory remarks from the programme coordinator Sreeja T G followed by a reading day message from Dr Ratheesh Kumar V K, Head, Department of Chemistry.



In connection with **World Nature Conservation Day 2021**, and as a part of "Go Green Campaign", Department of Chemistry in collaboration with IQAC organised an online Speech Competition for students on July 31, 2021 at 4 pm and the topic of competition was Impact Of Current Activities Towards Conservation Of Nature.



Based on the student feedback as well as from the suggestions received from IQAC, our department started an **online coaching session for JAM and other PG entrance examinations**. The sessions were given to students who expressed their willingness to appear for the entrance examinations.



Mole Day Celebration - As part of the celebration of international mole day, our department coordinated an online for students based on the Mole Day theme.



International Day of Women and Girls in Science - As part of this day, the Department of chemistry organized an online invited talk on the topic air quality control in manned space missions on 24th February 2022 at 7 pm.



Celebration of National Science Day



Pedestal Online Seminar - As part of IQAC quality initiatives Pedestal, an annual inter-disciplinary seminar series, is organized in association with the departments of college on 14th March 2022 at 10.00 am. Speaker for our seminar was Mr.A V Sathish, Scientific Officer, Nuclear Power Plant, Koodamkulam Resource person spoke about the need, perception and reality of nuclear energy.



Distinguished Alumni Lecture



Department Newsletter In association with the quality enhancement initiatives by the college IQAC, our department started to publish a newsletter





summarizing our activities during each academic year. This year, in addition to the yearly Newsletter, we released another Newsletter WOMEN IN MATH WORLD, during the occasion of celebrating the day of International Women and Girls in Science on 11th February 2022. Head of the Department Ms. Deepe D is the staff editor of this year's department newsletters. Ms.Anugraha K Vijayan and Lakshmi A S (S6

National Mathematics Day





The Department of Mathematics and Statistics in association with IQAC of VTM NSS College, organized a 5-Day programme -'MATHS π ACE' - from 8th March to 14th March 2022 to celebrate the National Pi Day 2022, on 14 March 2022.



The Department of Mathematics and IQAC of VTMNSS College Dhanuvachapuram organized the Second All Kerala Intercollegiate Mathematics Quiz Competition - GOOGOL 2022, on 11th March 2022.



DAL was conducted on 7th February 2022 via Google Meet and our chief guest was Sri Susanth S G, Assistant Professor in Mathematics, Ayyankali Memorial Arts and Science College, Punalur.



Pedestal Lecture Series - online webinar on Introduction to Metric Space by Mr.Vivek P V , Asst ProfinMathematics,SNCollegeKollamon29thMay2022.



Department of History - As part of syllabus, final year students visited Wayanad and Ooty in this academic year. Wayanad is the location of the historic Edakkal cave and Ooty had two tribal settlements. The study tour was from 21st to 23rd March 2022.



The Department of History, Celebrated the Day by promoting the use of paper pens among the Students. Since it was the pandemic period all classes were not on the off line mode.



Independence day was marked by an invited talk on Indian Freedom Movement on google meet. The talk was addressed by Dr.V.S.Prasanth ,Assistant Professor and Head, Department of History, Lekshmipuram College of Arts and Science, Neyyor , KK District, TamilNadu.



An invited talk on Re visiting India's Struggle for Independence was conducted on16.8.21 at 7 p. m through google platform. Sri. Gigi Joseph, Assistant Professor, Department of History, St. Mary's College Manarcaud delivered the speech.



A National Webinar was organized by the Department of History on 'Gandhi and Women Empowerment' on 7.10.21 at 7.30 p.m. Dr. Monica Sharma, Associate Professor, History, Dean, Social Outreach Editor, International Journal of Gandhian Thought, Director, Gandhian Studies Centre, Kanya Maha Vidyalaya, Jalandhar delivered the speech.



The Department of History and IQAC presented a National Webinar on "The Struggle for Public Spaces" on August 7, 2021, at 6 p.m., in partnership with the Chettur Sankaran Nair Foundation, Ottapalam.



The Department of History conducted an one day Invited Talk on 10.2.22. Dr.C. Selvaraj, Associate Professor of History (rtd) of NM College, Marthandam , Tamil Nadu, delivered the talk on the topic New Trends in Historiography.





The First Pedestal Talk series was held by the Department of History and IQAC. On February 16, 2022, at 7 p.m., a presentation entitled "Dr. Chempakaraman Pillai: Life & Legacy of a Revolutionary Freedom Fighter" was presented as part of the pedestal discussion series.





The Second Pedestal Talk was held on 22.2.22 at 7.p.m. The attendees were greeted by Dr. Unnithan S.S (Convenor). The topic was introduced by Dr. Sajini P (Head of the Department). The keynote talk was given by Principal Dr. VM Ananda Kumar. The topic was delivered by Dr. Deepu J.S ,Assistant Professor, Government Womens College, Trivandrum. He discussed on the topic , Sankara Narayana Temples in Thiruvananthapuram District: A Historical Analysis.



Two-Day Webinar on Sustainable Living During the Time of Pandemic on14 and 17 August 2020





International Human Rights Day Celebration 2020, on 10th of December.Programmes: WEB





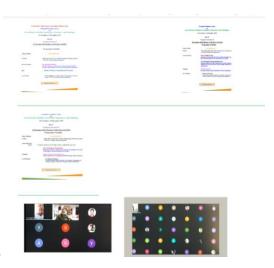
RALLY

The National symposium was organised in connection with the observance of World day of Social Justice.





Constitution Day Celebrations 2020-Seven Decades of Indian Constitution: Experiences and

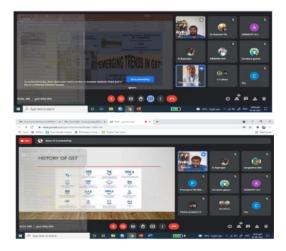


Challenges -

An Add-on Course on "Parliamentary Procedure and Practice" was organised by the Department of Political Science in association with Parliamentary Literacy Club of our college in online mode, starting from 30-4-2021 to 19-5-2021.



Webinars on innovative areas of commerce and research – Distinguished Alumni Lecture (DAL) on 05/082021 on the Topic Emerging Trends in GST

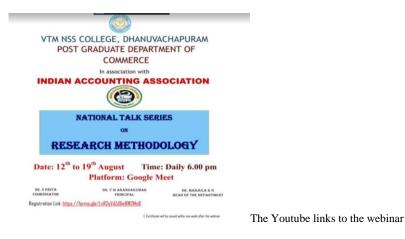


Career as a Company Secretary on 06/08/2021 P G Department of Commerce conducted career orientation to the final year students and how to build up a job of a company secretary .C S Balamurali was our resource person, he is chairman -ICSI Thiruvananthapuram chapter company secretary – Adtech systems Pvt.Ltd.



l the students and faculties of the department attended the programme.

Eight day National Talk series on Research Methodology on 12/08/2021 to 19/08/2021



<u>https://youtu.be/aSzIEDvyl8o</u>, <u>https://youtu.be/WXJzVjbuMLM</u>, <u>https://youtu.be/zo-S8MbVH8I</u>, <u>https://youtu.be/b0ivTmZ5F8E</u>, <u>https://youtu.be/ID1ynhHcgUw</u>, <u>https://youtu.be/78xLwWvPEns</u>, <u>https://youtu.be/_9sJJUrI48Y</u>

Celebration of co-operative Week on 20/11/2021 The department organized one week programme starting from 14/011/2021 to 20/11/2021.



UNICOM –fest on 22 nd 23 rd march 2022 - The Department of Commerce, VTM NSS College, in association with College IQAC organized a two day Cultural Fest & amp; Food Fest on 22 & amp; 23rd March 2022.

felicitation for the programme. Commerce Association honoured Adv.Rajarajan; part time law lecturer who retires 31^a march 2022 Inaugural session comes to end by vote of thanks by Aparna K S Student Ist Year M.Com. After that the floor is opened for cultural events.







Students of PG Department of commerce released second edition of our manuscript "ETHALUKAL" is a wonderful combination of creative and colourful florets that bloomed in this garden.





Department of Malayalam - Ramayanolsavam

RAMAYANOLSAVAM-2021

DATES&TIME: 27/07/2021 & 3/8/2021

13. Industrial Visit

- RESOURSE PERSONS: DR. AJAYAPURAM JYOTHISHKUMAR& DR.LEKSHMI DAS
- STAFF COORDINATORS: DR BETTYMOL MATHEW, DR. ANUPAMA.M, DR. SREEJA SANKAR.R
 STUDENT COORDINATORS: NIL
- NO.OF STUDENTS PARTICIPATED: 160
 NO.OF TEACHERS PARTICIPATED:15
- DETAILS: PROGRAMME AIMS TO ENHANCE THE RELEVANCE OF ADMYATIMA RAMAYANA BY EZHUTHACHAN IN THE CULTURAL SCENARIO OF KERALA



Kerala Piravi 2021



Loka matrubhasha Dinam

LOKA MATHRU BHASHA DINACHARANAM-FEBRUARY2022 entering enteri

- DATE&TIME: 21/02/2022 6PM.ONLINE
- RESOURSE PERSONS:DR.R.RAJESH, DR.C.PRADEEP KUMAR
- STAFF COORDINATORS: DR.SREEJA SANKAR.R, DR.SREELARANI M.S, DR.PAVITHRA M.P
- STUDENT COORDINATOR:NIL
- NO.OF PARTICIPANTS-60 • AIM: TO AWARE THE RELEVANCE OF MOTHER TONGUE

Bilingual Literary Fest



Reading Week



Talk on GENDER and CULTURE - An academic talk on the topic GENDER CULTURE was conducted on 9/09/2021.It was jointly organised by WOMENS CELL and IQAC.80 students participated. students got aware about difference between sex and gender. Gender is a social construction.

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TALK ON GENDER SENSITISATION ANTI DOWRY CAMPAIGN. - WOMENS Cell, IQAC and CENTER FOR WOMEN STUDIES ,University of Kerala jointly organised this programme on 17/11/2021 on line mode.



Key note address by Dr.Bushra Beegum, Centre for women studies .K.U. Principal, faculty members & amp;students are attented. 140 participants are there . Dr.Ajayakumar Puthiyaparampathu was the chief guest.

WOMENS DAY CELEBRATION 2022-March8 - We celebrate womens day with multiple programmes and sessions. Dr.Vijayalaksmi inaugurate the celebration and gave the message as a grand function for the college. A number of cultural programmes were conducted.



MIME & SKIT PRESENTATION

An awareness programme campaign conducted with MIMES and SKITS on 8/03/2022. Whole college attented the prgm. 4 teams where present women issues & amp; harassment against LGBTQs

4. MIME& SKIT PRESENTATION

An awareness programme & campaign conducted with MIMES &SKITS on 8/03/2022



Principal Inaugurate Poster Making for Social Awareness ,as part Of Anti Dowry Campaign On 8/03/2022



BOTTLE ART TRAINING PROGRAMME and EXIBITION ON 16/03/2022

Womens cell, IQAC& dept. of Malayalam jointly conduct a BOTTLE ART TRAINING PROGRAMME on 16/03/2022. Resourse person is Dr.Pavithra.M.P. 25students participated in the training 200 persons visited

POSTER MAKING ON ANTI DOWRY CAMPIGN



Women cell & IQAC jointly conduct a Poster making &exhibition on 31/03/2022

Women cell & IQAC jointly conduct a Poster making & exhibition on 31/03/202

RALLY AND FLASH MOB.

Women cell conduct a rally as a part of our ANTI DOWRY CAMPAIGN to dhanuvachapuram railway Station and put posters there. A flash mob performed and interact with the public.



10 VOLUNTEERS AND A NUMBER OF STUDENTS ACCOMPANIED THE RALLY & amp; FLASH MOB. STUDENTS INTERACT WITH PUBLIC AND PLASED THE POSTERS AT THE RAILWAY STATION.



NSS REPORT 2021-22

May31, 2021 No tobacco day.

A webinar was conducted about the dangers related t

o the use of tobacco on 1/6/21 at 7 pm through Zoom platform. Through this webinar the students got awareness about the importance to get rid of this tobacco pandemic and claim their right to health and healthy living in order to protect their future generations. Volunteers also made presentations of digital and nondigital posters prepared by them. The program was inaugurated by our Principal Dr.V M Anandakumar.In the inaugural speech he explained about the harmsides of tobacco usage in our life.He also watched all the presentations done by the volunteers and gave suggestions and appreciated their efforts.





Participants got awareness about the dangers related to the use of tobacco. Through this webinar the students can understand their right to health and healthy living in order to protect their future generations .

Environmental Day, 05/06/2021

On 05/06/2021 Saturday the N.S.S unit of our college had conducted an activity, that was to plant saplings. Every volunteers had planted more than hundreds of plants.Volunteers also plant saplings on the schools in which the volunteers had previously studied.Each volunteers had given an activity of poster making and after that each and every students had took the pledge based on environmental day .





Creation of consciousness on tree plantation and its protection among the volunteers

11/6//21 Snehapoorvam Bhoomikku

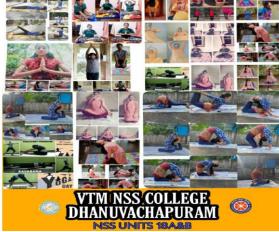
On this day volunteers done video presentation based on the theme. It developed the skills on video making and presentation .



19/6/21,Reading Day On June 19 Saturday, the N.S.S unit of our college had celebrated National Reading Day in honour of P.N Panicker, the father of the Library and Literacy Movement in Kerala.On this day, volunteers had created videos about the importance of the day . The day began as the movement to promote a culture of reading to inculcate the habit of reading and promote book-mindedness among school children, youth as well as the underprivileged population of the country

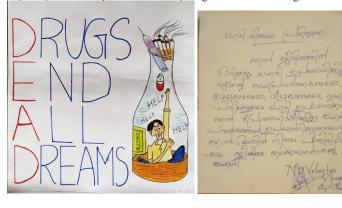
21/6/21 International Yoga day

YOGA DAY CELEBRATION



26/6/21 International Day against drug abuse

On 26/06/2021 the N.S.S volunteers had done activities related to the awareness about the anti drug day. Every N.S.S volunteers had made a presentations of videos to make the society aware about the harm side of the drug usage. All the N.S.S volunteers took a pledge related to anti drug day. They also made posters to aware youngsters about the dangers hidden in the usage of drugs.





Awareness creation on the hidden danger with the use of drugs.

23/7/21 Olympic cheer for India Tokyo On 23/07/2021 Friday the N.S.S unit of our college had conducted a program to cheer for Indian team who participated in Tokyo Olympic games .There were a video presentation for cheer Indian Olympic team .

28/7/21 Nature Conservation day

Volunteers prepared videos related to the importance of this day.

6/8/21 Hiroshima day



Aug 15,2021 Independence Day

On 15/08 /2021 the NSS volunteers of our college had assembled on the college at the time of flag hoisting. Flag has been hosted by our principal incharge. Activities were conducted to make the college plastic free campus. The NSS volunteers had collected all the plastic which were been dumped all over the College.After after clearing the plastics all over campus had become an eco-friendly College campus.

Nurtured the spirit of National Integration and motivated the participants to be the flag bearers of "National Integration".

September 15 2021, World Democratic Day

Conducted activities based on world democracy. Made video presentation and cute program based on a democracy day.Democracy is an opportunity to recall that democracy is about people. Democracy is built on inclusion, equal treatment and participation—and it is a fundamental building block for peace, sustainable development, and human rights."

Developed the national spirit among the participants

16 2021, World Food Day

Volunteers had made video presentation related to healthy food and they also had made a presentation on the healthy food they had prepared by themselves. Video presentation had been on an aim to make an awareness about the importance of food in our daily life. And to understand how healthy and nutritious food works food human body

This global day calling for worldwide awareness and collective action to combat the issue of hunger and ensure healthy diets for all.

Oct 2, GandhiJayanthi

On this day drawing and quiz competitions were conducted based on the dreams and thoughts of Gandhiji.

The ideas, principles and philosophy of Mahatma Gandhi promoted the young generation of NSS volunteers Drawing skills and competitive minds were also developed among the participants. Oct 9,Jan Andolan for Covid 19

Volunteers took Covid 19 pledge on this day .Notices and pamphlets were also distributed among students within the campus and in the neighborhood society to popularise the Covid protocols.

Commitment and needs for obeying and popularising the covid protocols during this pandemic situation emerged among the volunteers.

Oct 31, National Unity Day

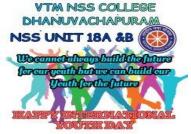
On this day competition on poster making was conducted based on the importance of unity and took "unity pledge".

Commitment to keep the unity and skills on art were developed among the participants.



December 1 2021,World AIDS day Poster creation competition based on the theme

Create awareness on HIV and developed the drawing skill.



January 26 2022, Republic day Postermaking competition was conducted

Development of national spirit and Involvement in community service activities. Developed the presentation skill also. Dec(18-24) Special Camping Program **Punarjjani**

Our special virtual camping programme named "Punarjjani" was conducted at our adopted village, Aithukondankani.Our campers constructed a pathway in that colony during the camp time. Several awareness programmes were also conducted.

A socio economic survey was also conducted to identify the problems in the Panayammoola ward where the colony was situated.

The broad purpose of camping programme was group living and interest in development plans. Our camp was held at RC Marthoma church, Eithukondankani.The campers conducted a socio economic survey to identify the problems in the area.Thus the volunteers identified the problem of lack of usable pathway within the colony.The campers cleaned the pathway which was already there and converted it into usable one. Education,the main purpose of camping under NSS had achieved through this programme. It helped the volunters to broaden their outlook and developed among them the social responsibility. The programme inculcated in them self discipline and encouraged them to adapt new changing and challenging Covid situation.

Palliative Care Activities2021-22



January 30 2022, Martyrs Day

The activities related to Martyrs Day, there was an online quiz competition related to speciality of that day. 61 students had participated in this program this was Google form. Paid tribute to pre extraordinary revolutionary of India

February 04, World cancer day

All the NSS volunteers had done a great participation on the poster creation competition. Developed the skill of drawing and presentation.

March 8 2022, Woman's day

Our college in collaboration with Life foundation, the NGO at Neyyattinkara conducted Seminar, Cycle rally, Walkathone, Competitions.to spread the importance of women's day.Also honoured

the empowered women like Mercy Alaxendar (Activist), Soumya Sukumaran (Dancer & Founder of Kalanjali) and SHG Members.





Local 03:20:10 PM GMT 09:50:10 AM 77.1277236° Altitude -34.3 meters Tuesday, 08-03-2022



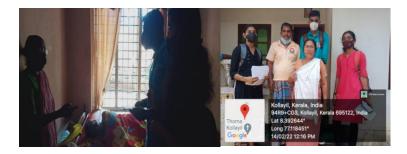
Our unit also honoured the women Harithakarmasena workers of Puthusserimadom ward. Developed the mind to honour the women in the society. April2022, Shortfilm

Rakshak is a short film prepared by camp volunteers in leadership camp held by Kerala University NSS cell. The short film Rakshak highlights the importance of covid warriors in covid period. It conveys a great message to the people about what a covid Warriors should look like in the Covid period. Rakshak is the work of a lot of volunteers. In it our, NSS volunteer SAJIN. S also handled a small role.

PALLIATIVE CAREACTIVITIES, 2021-22, February

he National Service Scheme 18A & B units of VTM NSS College, Dhanuvachapuram initiated the implementation of Student Palliative Clubs as part of its institutional social responsibility and outreach programme in 2021-22. This initiative was started as per the combined effort of Pallium India and Palliativecare unit under NSS cell, University of Kerala. units conducted a survey to identify the social, economic, and health status of people residing in Kollayil Panchayath. This survey helped our club members to identify the deserving patients who need palliative care .ter identifying the deserved patients, our trained club members visited their home regularly for nursing them, supplied food kits with medicine to them and planned to supply an electric wheel chair to one old disabled person with no legs.



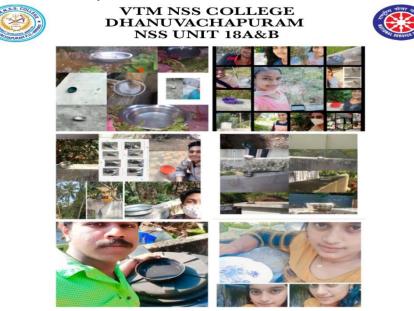






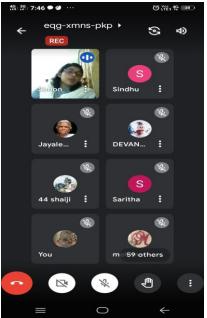


These activities enables the students to understand the real life situation of the patients and to develop a mind of kindness and service mentality among the participants. March 22, Water day



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NCC Reports WORLD ENVIRONMENT DAY CELEBRATION, JUNE 05, 2021 In connection with World Environment Day by strictly following Covid protocol, the cadets of

planted tree samplings in college campus and house surroundings.

NSS award ceremony





WORLD BLOOD DONAR DAY June 14, 2021

Cadets took blood donation pledge and also created a poster on blood donation day.



INTERNATIONAL YOGA DAY CELEBRATION June 21, 2021

In connection with International Yoga Day, cadets performed various yoga postures in their home.



CADETS CAMPAIGN FOR HELPING BABY IMRAN July 10, 2021

Baby Imran who is suffering from a rare genetic disorder, an amount of Rs.5000 was contributed by the cadets.



CARGIL VIJAY DAY CELEBRATION July 26, 2021

In Connection with Cargil Day, cadets took online pledge on national security and also remembered brave martyrs of Cargil war. Also created a short video about the martyrs.



INDIAN CONSTITUTION DAY August 11, 2021

All cadets of VTM NSS College took the constitution pledge honouring our constitution.

ONLINE RASHTRA GAAN RECITATION August 12, 2021

Almost all cadets registered in the online Rashra Gaan portal and recited the National Anthem in connection with "Azaadi kaa Amrith Maholsav" and gathered E-Certificates.



INDEPENDENT DAY CELEBRATION August 15, 2021

By following strict Covid Protocol, Independent Day was celebrated in VTM NSS College. Principal hoisted National Flag and gave Independent Day message. On that day, the campus cleaned and all the plastic waste was cleaned by 20 cadets.



FIT INDIA FREEDOM RUN August 18, 2021

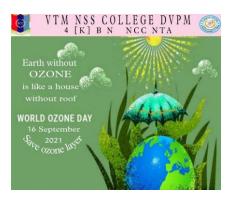
Spreading the message about "Health is Wealth" the cadets participated in the campaign and conducted 2Kms running in their locality.



Poster created by cadets on National Sports Day on 29 August, 2021.

WORLD OZONE DAY SEPTEMBER 16, 2021

Cadets created posters on World Ozone day and spread the message on the conservation of ozone.



GANDHI JAYANTI DAY October 02, 2021, In connection with Gandhi Jayanti Day, cadets took

the Gandhiyan Pledge and created a poster on Gandhi Jayanti.



NATIONAL UNITY DAY October 31, 2021

In connection with National Unity Day, the VTM NSS College, took national unity and integrity pledge.

CAMPUS CLEANING ACTIVITY AND ANTI-PLASTIC AWARENESS, November 12, 2021 Cadets of VYM NSS College cleaned the Campus and removed all plastic waste from the campus. Also the cadets conducted anti-plastic awareness in all classes.





WINNERS OF ATC, November 19, 2021

The cadets of VTM NSS college became the overall champions in the annual training programme conducted at Christian College, Kattakada.



NCC DAY CELEBRATIONS November 28, 2021

In connection with the NCC Day, the cadets took the National Security Pledge and also participate in an online poster competition about the role of youth in NCC conducted 4(K)BN NCC and also distributed food packets to poor people in their surroundings.





WORLD AIDS DAY December 01, 2021

In connection with World AIDS Day, cadets took AIDS awareness pledge.



AIDS Awareness Seminar, December 03, 2021

AIDS awareness seminar was conducted for spreading the message of AIDS prevention. On that occasion, Principal gave the Anti- AIDS awareness message and also delivered Anti-AIDS Pledge.





REMEBRANCE OF LATE. VIPIN RAWAT, December 9, 2021

Remembrance event of brave martyr General Vipin Rawat who was the combined Chief Defence Staff was conducted and paid homage on behalf of VTM NCC Company.



HUMAN RIGHTS DAY December 10, 2021

Human Rights Day was conducted by taking human rights pledge by the cadets of VTM NSS College.

VIJAY DIWAS REMBRANCE December 16, 2021

Remembrance of the Historic victory achieved by Indian Army in 1971 war was celebrated by VTM NCC Company by taking national security pledge by creating a poster paying tribute to the brave martyrs.



PUNEET SAGAR ABHIYAAN December 21, 2021

In connection with Puneer Sagar Abhiyaan, forty cadets of VTM NSS College has cleaned the Poovar Beach and removed all plastic wastes.



World Environment Day -June 5

This year's **WORLD ENVIRONMENT DAY** was well celebrated by <u>'TREE</u> <u>PLANTATION PAKHWADA'</u>, planting over 500 trees at home and localities.



KERALA's leading Newspaper MATRUBHUMI on our Event TREE PLANTATION PAKHWADA



08 JUNE - TV DONATION PROGRAM.

As the academics completely relayed on online mode due to the far spreading COVID 19 Pandemic , our cadets took the initiative to help the needy students who are unable to attend classes due to the lack of <u>TELEVISION and SMART PHONES</u>. On JUNE 8 we launched the program with the help of ASSOCIATE NCC OFFICER , OFFICER COMMANDING , 4(K) BN NCC , NEYYATTINKARA. With the cooperation of our cadets we donated <u>TELEVISION to 2 students.</u>

PM'S VIDEO BLOGGING CONTEST

ON JUNE 13 we joined the ONLINE VIDEO BLOGGING CONTEST conducted by AYUSH MINISTRY in accordance with the INTERNATIONAL YOGA DAY CELEBRATION 2020. SUO Sivadath S Suresh and CDT Yadhu Krishanan featured in our VIDEO BLOG '#MY LIFE MY YOGA '.

INTERNATIONAL YOGA DAY CELEBRATION 2020.

The Cadets of VTMNSS College Dhanuvachapuram organised a 2 day program for the commemoration of **INTERNATIONAL YOGA DAY.** All the cadets tried <u>YOGA</u> <u>AASANA'S at their homes and motivated their family members to do the same. Along with this program <u>ONLINE LECTURE</u> was taken by **CDT Yadhu Krishanan** on the topic '<u>YOGA FOR</u> <u>LIFE'.</u></u>

NATIONAL DOCTOR'S DAY - JULY 1

On this year's **NATIONAL DOCTOR'S DAY** we took the occasion to showcase our gratitude to our **FRONT LINE WARRIORS** for their selfless efforts in our struggle against this novel corona virus.



KARGIL VIJAY DIWAS CELEBRATION - JULY 26.

Our thought to commemorate KARGIL VIJAY DIWAS ended up in an idea of conducting an <u>ONE DAY ONLINE COMPETITIONS- "AMARJYOTHI "</u>comprises of ESSAY COMPETITION, HAIKU COMPETITION, ELOCUTION COMPETITION for the Senior Division/Senior Wing, Junior Division/Junior Wing Cadets under 4 (K) BN NCC NEYYATTINKARA.



VTM NSS COLLEGE DHANUVACHAPURAM

On 21st Anniversary of KARGID YJAY DIVAS. We are planing to pay a tribute to our soldiers in the convert... AMAR JYOTHE ONE DAY ONLINE COMPETITION

AMAR JYOTH

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HIROSHIMA DAY – AUGUST 6

VTM NCC UNIT 4(K)BN NCC NTA 🥘

On this year's **HIROSHIMA DAY**, we organised an **ONLINE PRESENTATION** <u>"WE WANT NO MORE HIROSHIMAS...."</u> by UO Arathyprathap S and a <u>POSTER MAKING COMPETITION.</u>

£J :

INDEPENDENCE DAY CELEBRATION - AUGUST 15 2020 This Year's Independence Day Celebrations comprised of VIDEO PRESENTATION on our FREEDOM FIGHTERS and a our TRIBUTE TO NATION.

WEBINAR AATMA NIRBHAR BHARATH ABHIYAAN - AUGUST 16.

The Cadets of VTMNSS College Dhanuvachapuramconducted an ONE DAY WEBINAR on August 16 10.00 AM on the Government Of India initiative "AATMA NIRBHAR BHARATH ABHIYAAN" via GOOGLE MEET with UO Arathyprathap S as master of ceremony. Eighty persons joined the webinar. SUO Sivadath S Suresh welcomed the participants . Col. Ajai Raj L presided over the webinar. The introduction to "AATMA NIRBHAR BHARATH ABHIYAN" was given by Lt. Santhosh Kumar . UO Arathyprathap S handled the session "ROLE OF NCC IN AATMA NIRBHAR BHARATH ABHIYAAN". And a VIDEO PRESENTATION was done on "FIVE PILLARS OF AATMA NIRBHAR BHARATH ABHIYAAN".And conducted a QUIZ COMPETITION. ANO Lt. Santhosh Kumar addressed the participants in the closing address.



NATIONAL CADET CORPS 4(K)BN NCC NEYYATHINKKARA VTM NSS COLLEGE APUR. WEBINAR AATMA NIRBHAR BHARAT ABHIYAAN tmanirbharbharat ***** (82) NLINE (i) 1 BÖGBAM Anaswara Ashok (You) nules negulations 2 1.Each and every participant are required to attempt 20 question in 10 mints Ajay Sreedhar 2. Those who submit first will be the winners... all the participants will get an E certificate Ajai Rajasekhar #aal 3.1t is an open form any one can participate in the competition -Ajay Sreedhar > Others in the meeting (78)

FIT INDIA CAMPAIGN – AUGUST 21

SEPTEMBER 13- HINDI DIWAS

On September 13 , Hindi Diwas our cadets made a POSTER And conducted a LECTURE on "HINDI HAMARA RASHTRA BHASHA"

SEPTEMBER 17 – FLAG AREA GROUP LEVEL COMPETITION

OCTOBER 1 – GANDHI JAYANTHI CELEBRATIONS

The Cadets of VTMNSS College Dhanuvachapuram conducted a **POSTER MAKING COMPETITION** and a **LECTURE " RELEVANCE OF GANDHIAN VALUES** by **UO Sreerag S A**

<u>OCTOBER 2 TO 08 – ONE WEEK CLEANING PROGRA -</u> With immense cooperation of our CADETS we conducted an **ONE WEEK CLEANING PROGRAM** at their homes and localities collectively.



OCTOBER 8- INDIAN AIR FORCE DAY.

Cadets of VTMNSS College Dhanuvachapuram celebrated this year's **AIR FORCE DAY** with a **POSTER** and a **LECTURE** on the topic **"A CUT ABOVE"**

OCTOBER 27 – BEST FROM WASTE CAMPAIGN

BEST FROM WASTE is our campaign to make better products from the waste materials including **plastic wires, cloth, plastic bottles, papers etc** which teaches the art of **REUSE.** The creativity of our cadets turned out in to various exciting handmade products both **ornamental and daily use.** All of our cadets took initiative to make a **paper carry bag** and said no to plastic carry bags.

INFANTRY DAY CELEBRATION – OCTOBER 27

The Cadets of VTMNSS College Dhanuvachapuram celebrated the **INFANTRY DAY** by a **POSTER COMPETITION** and a **LECTURE**.

GREEN INDIA POSTER MAKING.

ON OCTOBER 29 in accordance with the **GREEN INDIA** mission the cadets of VTMNSS College Dhanuvachapuram organised an online poster making event in which every cadets participated without loss. We made a **digital album of 80 posters**.

<u>KERALA PIRAVI DINAM</u> On **November 1** we made a **POSTER** praising the beauty of our state **KERALA**, the God's Own Country.

CHILDREN'S DAY CELEBRATION – NOVEMBER 14

On November 14 CHILDREN'S DAY we remembered our Chachaji Pandit Jawaharlal Nehru and his visions on our Nation.

DIWALI AWARNESS PROGRAM.

In this far spreading **COVID 19** pandemic our cadets took the initiative make the people aware about the consequences of crowding at festive time and the precautions that to be taken before Diwali Celebration.

NCC DAY CELEBRATIONS

The cadets of VTMNSS College Dhanuvachapuram celebrated 72th Ncc Day on November 21 we conducted a POSTER COMPETITION and an ONLINE LECTURE.



CONSTITUTION DAY CELEBRATION- NOVEMBER 26.

The Cadets of VTMNSS College Dhanuvachapuram organised an ONLINE PLEDGE and a VIDEO PRESENTATION regarding the facts of INDIAN CONSTITUTION. All cadets participated in the Online pledge.



In rememberance with the attack of November 26, TAJ HOTEL attack we made gave a tribute to our soldiers by LIGHTING a CANDLE.

NAVY DAY- The Cadets of VTMNSS celebrated Navy Day on December 4 2020 with a Poster



and an Online lecture.

ARMY DAY CELEBRATION JANUARY 15

This year's ARMY DAY was well celebrated by one visit to the nearby OLDAGEHome

"ANBUNILAYAM " at Parassala. We provided lunch to over forty residents there. With the immense support of Ajitha Ma'am and Sir. We were fortunate fortunate to meet Indo Pak war veterans Benson





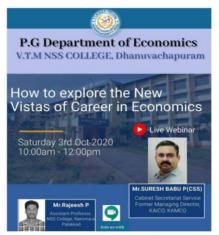
SWATCHATHA PAKWADA

Swatchatha Pakwada is our one day initiative to clean our campus and make our campus plastic free.



WEBINAR ON ANTI CORRUPTION

Our cadets organized a webinar on ANTI CORRUPTION with Resource Person Sri Ravi Sankar, Head of the Department Political Science, VTMNSS College, Dhanuvachapuram Department of Economics organised a webinar for the students of Economics on "**How to** explore the new vistas of career in Economics" on 03/10/2020, 10 am onwards through Google



In the wake of Covid-19 spread, the PG Department of Economics conducted an international webinar series on "Pandemic Economy Crisis: An outlook into the Repercussions and paths to Resilience" on 14th October 2020 at 3 PM.



On the International Volunteer Day for Economic and Social Development, 05/12/2020, Department of Economics organised a webinar on the topic "Change starts from you!" at 11.30



Post Graduate Department of Economics, VTM NSS College, Dhanuvachapuram organized a talk on the topic "Are our farmers in crossroads" on 22nd December, 2020. The talk was organized in connection with Farmers Day.



The second session of the international webinar series was on the topic "Impact of lockdown on Indian economy and the way forward" on 6th February 2021 at 11 AM. Covid-19 and its resultant lockdown had unprecedented repercussions on all sectors of the econo



The Department of Economics organised a workshop for the undergraduate and post graduate degree students on GRETL on 09/02/2021 from 10 am onwards.



The third session of the international webinar series was on the topic "The Eluding Panacea for Economic Revival: Experiences during the Pandemic Phase" on 6th March 2021 at 11 AM. Covid-19 and its resultant lockdown had unprecedented repercussions on all sectors of the economy.



Post Graduate Department of Economics, VTMNSS College, Dhanuvachapuram, in association with IQUAC, organized a webinar on the topic, "The Way Ahead" Career prospects in Economics, as a part



of distinguished alumni lecture on 30/03/2021.

The PG Department of Economics in association with Central library and IQAC of VTM NSS College, Dhanuvachapuram organised a National Webinar on the topic, Career Prospects in Economics, on 11th of August 2021 at 11 a.m.



organised a Community Awareness Programme on Postal Schemes and Services, on 15th of Oct 2021 at 6 p.m on line mode. The programme was part of the social outreach programme for students of Economics.



A national Webinar on the topic 'Political Economy with different perspectives –Issues and Development Thinking" was organized by the PG department of Economics, VTM NSS College, Dhanuvachapuram in association with IQAC on google meet platform on 13th November 2021 at 11.00 AM.

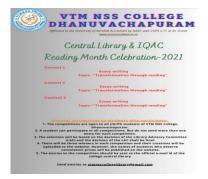


The post graduate students of Economics made a documentary on the problems faced by the farmers as part of Kissan day on 21/12/2021.



As part of reading Day activities, Online quiz competition was conducted by PG Department of Economics for the school children in the neighbourhood schools on 19/6/2021. Questions for the competitions were sent through Google forms among the student groups by quiz master Smt.Akhilasree.L.44 students participated in the competition.

Reading Month Observation 2021 (from June 19 to July 18,2021) - As part of the reading month celebrations, the College Central Library conducted competitions for students in 2021. There were three types of competitions: essay writing, story writing, and a video about a book that was read in one sitting. Students were asked to write in English or Malayalam of their choice in an essay writing competition based on the theme "Transformation through Reading". The last date for receiving the articles was June 25, 2021. The second competition was to give Robert Frost's poem "The Road Not Taken" a short story form. The third competition was to "Tell about the book you read and finished in a single sitting." Students were asked to cre ate a 2-minute video about their favourite book



On the occasion of India's 75th anniversary of Independence, our honourable Prime Minister Sri. Narendra Modi had shared a message to the people of India to organise 'Azadi Ka Amrit Mahotsav' -'Let us Singh

National Anthem' and upload their records to the website as instructed on the website of the Ministry of Human Resources Development. The children's central library and IQAC had jointly made efforts to take it to the students of our college.

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Azadi Ka Amrit Mahotsav-Participation of students from VTM NSS College, Dhanuvachapuram - Google Forms

One Hundred and Twenty-three students from the college participated in the online Independence Day quiz organized by the Central Library and IQAC. E-certificates were distributed to all those who scored above 70%



Under the auspices of the Central Library, VTM NSS College Dhanuvachapuram, Libraries of Bharatamata College, Thrikkakkara and St Xaviours College, Vaikom jointly organized competitions on the occasion of Kerala Pirav 2021.



VTM NSS College Library in association with Thrikkakkara Bharatmata College Library joined hands to prepare a Daily Fact File as part of the Current Awareness Service. The important dailies like The Hindu, The Indian Express, The Times of India etc from which the news is compiled daily and summarized. This will greatly benefit students participating in competitive exams and quizzes. The service started on 1st November 2021.

01 - 11 - 2021	 Seeks to provide protection and assistance to victims of trafficking within their competence. Calls for developing cooperation between the educational organisations of the 		
News: Protocol to Prevent Human Trafficking: SCO			
➢ Recently, the Shanghai Cooperation Organisation (SCO), in its 19 th meet (of	SCO member states in the field of advanced training of prosecutors, whose		
Prosecutors General) held in New Delhi, adopted a protocol to strengthen	competence include combating trafficking in persons especially, women and		
cooperation in preventing and combating growing menace of human trafficking,	children.		
especially women and children.			
	Relevant Laws in India:		
Human Trafficking	Immoral Traffic (Prevention) Act 1956 is the premier legislation to deal with		
 Human trafficking involves recruitment, irrasportation, transfer, harbouring or receipt of persons, by means of the dreast or use of force or other items of corresion, for the purpose of exploitation. Exploitation include, at a minimum, the exploitation of the provintation of others or other from is essential exploitation, forered labour or services, slovery or practices similar to slovery servinde, or the removal of organs. 	 this issue. Article 23 and 24 (Eight Against Exploritation) of the Constitution of India. 25 sections in IPC such as 3663, 3060, 370 and 374. The Invention Internation that the Information Technology (TT) Act and als the Prevention of Child Labour Act, the Bonded Labour (Abelifson) Act, among others. 		
bear the SCO Protocol ➤ Calls for continuation of exchange of national legislation to combat the menace of trafficking in persons.			



6. Problems Encountered and Resources Required: Even though the institution has been able to conduct programmes of social relevance and engendering scientific temper, the constraints of pandemic situation, posed a real problem. Also, the lack of access to mobile handsets (in the case of economically weaker students) and network issues posed a great challenge in disseminating the essence of *Pragathi*. Lagging university examinations and unexpected schedule of the same also resulted as a hindrance to the smooth conduct of these programmes. Being a rural college and a grant-in-aid institution, funding was also a major issue. The learners, once they get acquainted with the activity or programme, they genuinely involve themselves and all other constraints diminishes and it leads to a renewed imbibing of new knowledge and experience.

