

VTM NSS COLLEGE, DHANUVACHAPURAM



NATIONAL SERVICE SCHEME 18 A & 18 B UNITS



REPORT OF NSS ACTIVITIES 2018-19

MAJOR ACTIVITIES- A BRIEF ACCOUNT

5/5/18 Registration on SBSIP -Registration on SBSIP started on this day. Volunteers also engaged in vegetable cultivation within the campus.

Name Of the College	No. of NSS Volunteers Registered under SBSI	No.of NSS Volunteers approved by the Nodal Officer as Interns	No.of Volunteers who did 100 hours of Internship	No.of Volunteers who did less than 100 hours of Internship
VTMNSSCOLLEGE, DHANUVACHAPURAM	96	85	80	5

31/5/18 World NoTobacco Day

Two volunteers from our units participated in the state level inauguration of World No Tobacco Day held at the Achutha Menon Centre for Health Science Studies, Sree Chitra Tirunal Medical Institute and Technology, TVM.

5/6/18 Environmental Day Celebration was inaugurated by our Principal Dr.K.Mohankumar, by planting trees within the campus. Our units supplied saplings in the Anganwadi at AKG colony in Kollayil Panchayath. Refreshments were given to the participants.183 volunteers engaged in this activity.



ധനുവച്ചുപുരം വി.ടി.എം.എൻ.എസ്.എസ്.കോളേജിലെ നാഷണൽ സർവീസ് സ്കീമിന്റെ നേതൃത്വത്തിൽ നടന്ന ലോക പരിസ്ഥിതി ദിനാചരണം പ്രിൻസിപ്പൽ ഡോ. കെ. മോഹൻകുമാർ മാറിൻതെ നട്ടു ശീലടന്നു ചെയ്യുന്നു.

വി.ടി.എം.എൻ.എസ്.എസ്.കോളേജിലെ ലോക പരിസ്ഥിതി ദിനാചരണം

പാറശാലഃ ധനുവച്ചുപുരം വി.ടി.എം.എൻ.എസ്.എസ്.കോളേജിലെ നാഷണൽ സർവീസ് സ്കീമിന്റെ നേതൃത്വത്തിൽ നടന്ന ലോക പരിസ്ഥിതി ദിനാചരണം പ്രിൻസിപ്പൽ ഡോ. കെ. മോഹൻകുമാർ മാറിൻതെ നട്ടു ശീലടന്നു ചെയ്യുന്നു. എൻ.എസ്.എസ്.കോളേജിലെ നാഷണൽ സർവീസ് സ്കീമിന്റെ നേതൃത്വത്തിൽ ഹരിതകേരളം മിഷന്റെ ഹരിത പൈതൃകച്ചട്ട പ്രതി

ജ്ഞയെടുത്തു. തുടർന്ന് രണ്ട് ഗ്രാമമായ എ.കെ.ജി കോളനിയിലെ അംഗൻവാടിയിൽ വൃക്ഷത്തെ കൾ വിതരണം ചെയ്തു. പ്രോഗ്രാം ഓഫീസർമാരായ അഖിലശ്രീ, ഉണ്ണിത്താൻ, അദ്ധ്യക്ഷകരായ പ്രമോദ്, ശ്രീജിത്ത്, ജയകുമാർ, ഡോ. ചിത്രാദേവി, എൻ. എസ്.എസ്.പ്രവർത്തകർ തുടങ്ങിയവർ പങ്കെടുത്തു.

21/6/18 Yoga Day-Yoga Day was celebration was inaugurated by Pankaja Kasthoori Managing Director Sri.Dr.Hareendranath at college Auditorium. On this function College Principal Dr.K.Mohankumar gave Presidential address.The

programme was conducted in our college in association with Talent Academy and PSC Coaching Centre and Nehru Yuvakendra.



23/6/18 Swachh Bharath Programme Volunteers engaged in various cleaning activities within the campus and its surroundings. Refreshments were given to the volunteers in each activities. 200 volunteers engaged in these activities.



Cleaning in the neighbourhood society



14/7/18 Plantation Of Jackfruit trees Jackfruit Tree Plantation was inaugurated by Parassala MLA Sri.C K Harrendran within the campus. Hundreds of saplings were planted in various parts of our campus by Our Principal Dr.K.Mohankumar, Kollayil Panchayath President Smt.Y.Lekha, Vice President Sri.Binu, Puthusseri Madom Ward member Smt.L.R.Bindu, Programme Officers, Volunteers, teachers and Nonteaching staffs etc.



20/7/18 Inauguration Of Vegetable Cultivation Vegetable Cultivation within the campus was inaugurated by Poovthoor Agricultural Officer Smt.Malar by planting curry leaves trees within the campus.

21/7/18 Plastic waste collection In order to protect the Green Protocol, our volunteers engaged in door to door collection of plastic materials from Puthusserimadom ward of KollayilPanchayath. Collected plastics were handed over to the Haritha Mission workers in the Panchayath.172 volunteers engaged in these activities



27/7/18 Share A Meal Programme Selected volunteers shared the meals to the inmates of **Karunyalayam**, nearby Orphanage. Our Principal Dr. K. Mohankumar inaugurated function. Once in every month volunteers supplied the food kits to the needed people.



30/7/18 Supply of Nutritious Food Kits Our Principal Dr.K.Mohankumar handed over the nutritious food kits collected by NSS volunteers to **Life Foundation, NGO** in Neyyattinkara. 96 volunteers donated and collected the food items for this.

Dryland paddy cultivation (2/8/18) As part of THALIR, a Kerala Govt Project, we started dry land paddy cultivation in association with Kollayil Panchyath and Agricultural Deptment. Sri.C K Hreendran, MLA Parassala Panchayth inaugurated the function by sowing the seeds of paddy. Kollayil Panchayath President, Vice President, Panchayth members, Agricultural Officer, volunteers, teaching and nonteaching staffs etc. participated in the inaugural function. Refreshments were given to the participants.

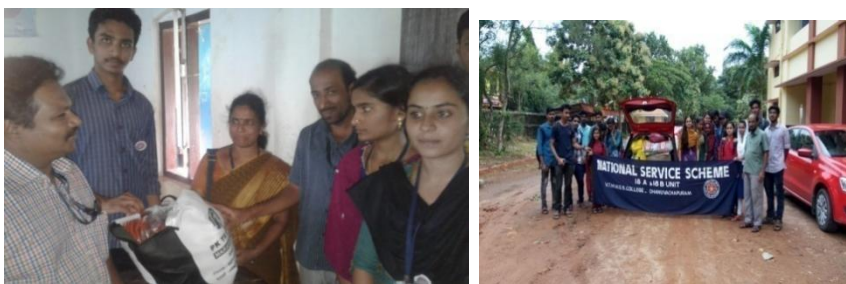
Paddy cultivation at different stages



13/8/18 International Youth day Department of Political Science in association with NSS unit celebrated International Youth Day by conducting seminar on Youth and healthy habits. This seminar was sponsored by **NYK, Thiruvananthapuram**.

15/8/2018 Independence day Independence day celebrations inaugurated by our Principal Dr. K. Mohan Kumar by hoisting the flag at 8am. Teaching and nonteaching staffs, NCC cadets, NSS volunteers etc. participated in the function. After that volunteers engaged in the works at agriculture field. Refreshments were given to the volunteers.

16/8/18 Visit on flood relief camp Some volunteers with programme officers visited flood relief camps at Marayamuttam and Amboori and donated clothes, medicine and food items for the inmates.



25/9/2018 Youth Awareness Programme 'DREAM', an awareness programme for Youth by CHILDLINE was conducted on this day. Quiz for volunteers was conducted. Also a drama named 'Padi Varey Kakkartthey' was played by Excise Department.

8/10/2018 Participation in the NSS Pre-RD Parade camp

Two volunteers from our units participated in the selection camp for Pre-RD parade held at University college, TVM.

2/11/2018 Reaping of agricultural products- Our principal Dr. KMohankumar inaugurated the reaping of vegetables from the organic farm..



20/12/18 to 26/12/18 Special Camping Programme

Our special camping programme named “NILA” was inaugurated by our college Principal Dr.K.Mohankumar on 20/12/2018. Important activities during the camp are , Demonstration on disaster management by Fire and Rescue station,Parassala, Inauguration of **Water conservation Programme**, Snake Show by Sri.Undancodu Lulu, X-mas celebration, **Green & Clean Measures** etc. Yoga classes, Self defence classes,. Health Awareness classes etc.were given to the volunteers. During the camp Volunteers visited **AKG colony, adopted village , Saphalyam Oldage home** and given awareness on waste management and demonstrated those processes and informed them about **Harithasena** and its activities

Inaugural function



Awareness classes



Group Activities & Cultural programmes



Class on disaster management



VISIT ON SAPHALYAM OLD AGE HOME& AKG COLONY



Training to make Paper Flower Vase and Flowers



12/1/19 Blood donation camp -A camp on blood donation was conducted in connection with Youth day celebration.



26/1/19 Republic day celebration On this day after the flag hoisting by Dr. Rameshkumar, HOD, Department of Botany(Principal-in-charge) gave the Republic day message to the volunteers. Sweets were distributed to the participants. After that, an awareness class on the cleanliness was given to the newly enrolled volunteers with the the help of Jilla Suchithwa Mission.



8/3/19 Women's Day Women's day was inaugurated by Principal Dr.K Mohankumar. In this function, Bullett Shyni and Dr. Beenmol, Director, Life foundation, NTA were honoured . They also shared their experiences with the participants. This programme was conducted in association with Women cell in our college.



27/3/19 Farewell programme A sendoff meeting to senior volunteers was held on this day. During this function, Principal distributed the prizes to the volunteers who had won in various competitions held by NSS units within the campus. Senior volunteers shared their experiences. Programme officers, Principal, staffs and volunteers participated in this function. Lunch was provided to the volunteers.



Other Programmes

- *Ink Pen Campaign* In order to protect the campus as green, ink pen campaign was conducted by distributing ink pen among the volunteers.
- *Waste Management* -For waste management, pits were constructed within the campus.
- Keeping the campus as **plastic free** by encouraging the use of cloth banners in programmes, steel water bottles, steel Tiffin boxes, steel cups and plates, nature friendly decorations etc.
- Our volunteers rendered their services in Flood relief camps, in Attukal Ponkala Utsav and in the Member of Parliament Election.
- *Pre-RD camp selection* One of the volunteers from our units was selected in the Pre- RD selection camp for 10days held at Visweswarayya Engineer college, Chikabalatur, Bangalore.

❖ EXTENSION ACTIVITIES

❖ GREEN MEASURES

❖ NI activities

❖ Association activities

