



**VTM NSS College, Dhanuvachapuram
Neyyattinkara, Thiruvananthapuram**

Pin: 695503

**Affiliated to the University of Kerala
Re-Accredited by NAAC at B+ Level**

NSS AND NCC POLICY

NATIONAL SERVICE SCHEME (NSS)

In India the idea of involving students in the sector of national service is one among the core visions of Mahatma Gandhi. The central theme of NSS is social responsibility. On September 24, 1969, the Union Education Minister Dr. V.K.R.V. Rao, launched the NSS Programme in 37 universities from all states of India.

Two units of NSS (18 A & B NSS Units) have been functioning in our college since 1972. The sanctioned strength of volunteers is 200 and the membership is open to all beyond gender distinctions.

Principle of NSS

- It is organized by the students themselves under the assistance and guidance of teachers through their combined participation in social service with the task of national development
- It makes the campus relevant to the needs of the community. It orients the youth towards community service.

Objectives

- To understand the community
- To understand one's own self/Self Awareness
- To identify the societal needs and problems and to collectively involve in the problem solving process
- To develop a sense of social and civic responsibility
- To devise practical solutions to individual and community related problems
- To build the level of competence required for socialization and sharing of responsibilities
- To gain skills in mobilizing community participation
- To acquire leadership qualities and democratic attitude
- To develop capacity to meet emergencies and natural disasters and practice national integration and social harmony

The Motto:

“NOT ME BUT YOU”

It reflects the essence of democratic living and upholds the need for selfless service. It underlines the principle that the welfare of an individual is ultimately dependent on the welfare of society on the whole. NSS volunteers in our college functions with adherence to this motto with an intention to fulfill the seminal objectives of the initiative.

NSS PROGRAMMES AND ACTIVITIES

Students, teachers and the community are considered the three basic components of the National Service Scheme. To establish a meaningful linkage between the campus and the community, the student community of our institution relentlessly works for the socio-economic, academic and cultural upliftment of the neighbourhood villages/community. Being an educational institution located in a rural locale, the college manifests its responsibility to the society by implementing activities and initiatives which ensure a continuous association with the neighbourhood society. Also as an institution we foster the development of students, distinctly first generation learners by giving countless avenues of social exposure and interaction.

CLASSIFICATION OF NSS PROGRAMMES

- **Regular NSS Activities**

- Various programmes in the neighbourhood community, adopted village, nearby college/school campuses, NGOs, health centres during weekends or after college hours.
- Campus work

The NSS volunteers may work on campus projects for not exceeding 30 hours in a year.

The remaining 70 hours will be utilized for community services in the following ways.

- Institutional work
- Rural project
- Natural calamities & National Emergencies
- National Days and Celebrations

- **Special Camping Programme**

- Camps of 7 days are organized in the neighbourhood community, adopted village, nearby college/school campuses, NGOs, health centres during vacations. 50% NSS volunteers are expected to participate in camps.

- Duration of services is 120 hours/ year.

Orientation for NSS volunteers

- 20 hours allocated for their orientation through lectures, discussions, field visits and online sessions etc.

Aims of NSS Activities

As per the direction of University of Kerala, the overall objective of National Service Scheme is holistic development of students beyond academic learning. The principal aim of NSS is education and the methodology adopted for imparting education is social work. NSS essentially is a student-centred programme. If it is a community centred programme, the thrust and importance would be community development, where the volunteer student is only an instrument and he/she is performing out of compulsion. NSS creates occasions for development of personality of students in several ways. Thus, it is a self-development programme aiming at developing the personality and innate qualities which normal education system does not provide for. The operational aim of NSS is to provide a variety of learning experiences which must develop the sense of participation, service and achievement among the volunteers.

- Making education more relevant to the present situation by addressing the significant needs of the neighborhood community and supplement the education of the students, especially first generation learners by bringing them face to face with the rural life and situations.
- Instil a sense of social responsibility by implementing social service programmes to assist local people and during emergency situations (floods, Covid, earthquake etc...)
- Community outreach, health camp, environmental initiatives, adoption of village for activities, assist health authorities etc... included to contribute to the betterment of the society.
- Check the provisions of waste management facilities within the campus and to keep the campus as “plastic free”.
- Implement *Vimukthi* programme and keep the campus as “drug free”.
- Palliative care activities, blood donation, mass immunization programmes, help to patients, help to physical handicapped and mentally retarded persons, nutrition programmes etc... are implemented to improve the welfare of the society.
- Encouraging students to participate enthusiastically in the process of national development and promote national integration through corporate living and cooperative action.
- Providing opportunity to the students to play their role in planning and executing the activities which results in improvement of quality of life of economically and socially weaker sections of the community.
- *Swachh Bharath* programmes in regular way helps to keep our campus as clean and tidy.
- Trained the volunteers to instil discipline building character, promotion of physical fitness and development of culture among them and the motto “NOT ME BUT YOU” reflects the essence of democratic living.
- To enable students to play their role in planning and executing development projects.

- Encouraging students and other faculty members to work together along with the general public in the neighbourhood community.
- Developing qualities of socialization and leadership.
- Emphasizing dignity of labour and self help and the need for combining physical work with intellectual pursuits.
- Encourage the youth to participate in the process of national development and promote national integration, through corporate living and cooperative nation.
- Aimed at instilling discipline, building character, promotion of physical fitness and development of culture etc.

Expected Outcomes

- Exposure to diverse dimensions of day-to-day existence
- Comprehending the reality of socio-economic issues faced by the society
- Understanding the significance of pivotal aspects like environmental consciousness, energy conservation, gender sensitization, human rights awareness, national integration etc.
- Enhanced Socialization skills
- Logical and critical insight
- Developing emotional Intelligence
- Effective communication and comprehension skills
- Leadership Abilities
- Developing social responsibility
- Developing a Cultural Consciousness.

After successful completion of two years of service under the scheme a volunteer is entitled, a certificate issued by the Vice Chancellor, University of Kerala. Those volunteers are also eligible for grace marks which could be added either to I year(I & II semester) papers or to II Year(III & IV semester) papers.Thus through NSS programmes, the volunteer will get an opportunity to see the community closely and thus get an experience of human nature in relation to his/ her environment. Thus NSS volunteer became a better citizen through “*Development of Personality through Community Service*”.

SP

Principal
V.T.M.N.S.S. College
Dhanuvachapuram



National Cadet Corps (NCC): Fostering Leadership and Patriotism

The National Cadet Corps (NCC) is one of the largest youth organizations in the world, serving as a premier grooming ground for future leaders and instilling a sense of discipline, patriotism, and social responsibility among the youth of India. Established in 1948, the NCC operates under the Ministry of Defence and plays a crucial role in shaping the character and ethos of the nation's youth.

Role and Objectives:

The primary objective of the NCC is to develop leadership qualities, character, comradeship, and the spirit of adventure among the youth. It aims to create a pool of organized, trained, and motivated youth with leadership qualities in all walks of life, including the Armed Forces and other vital sectors of the country.

Structure and Organization:

The NCC operates at three levels: Junior Division (JD) for school students, Senior Division (SD) for college students, and Girls Division (GD) for girl cadets. Each division functions under the guidance of trained officers, both military and civilian, who oversee training activities, camps, and other events.

Training and Activities:

NCC training encompasses a wide array of activities designed to develop physical fitness, leadership skills, and a sense of national pride. These activities include drill exercises, weapon training, map reading, field craft, social service projects, adventure activities, and community outreach programs. The NCC also organizes various camps such as annual training camps, leadership camps, and special national integration camps to promote unity among cadets from diverse backgrounds.

Impact and Benefits:

The NCC has a profound impact on the lives of millions of young Indians, equipping them with essential life skills, self-confidence, and a strong sense of duty towards the nation. Cadets learn the values of discipline, teamwork, and sacrifice, which are crucial for success in any field. Moreover, the NCC acts as a bridge between the armed forces and civilian society, fostering a deeper understanding and respect for the defence forces among the youth.

Challenges and Future Directions:

Despite its numerous successes, the NCC faces challenges such as resource constraints, infrastructure limitations, and the need for continuous innovation in training methods to keep pace with the evolving needs of society. To address these challenges, there is a need for increased government support, private sector collaboration, and the adoption of modern technologies in training programs.

In conclusion, the National Cadet Corps (NCC) stands as a beacon of hope and inspiration for the youth of India, nurturing the leaders of tomorrow and imbuing them with the values of patriotism, discipline, and service to the nation. With continued support and investment, the NCC will continue to play a pivotal role in shaping the destiny of the nation for generations to come.



Principal
V.T.M.N.S.S. College
Dhanuvachapuram

